



SOCIAL EMOTIONAL BOOK LIST

Books about feelings and emotions

- My Blue is Happy by Jessica Young
- The Way I Feel by Janan Cain
- The Feelings Book by Todd Parr
- When I'm Feeling Angry by Trace Moroney
- How Are You Feeling Today by Molly Potter
- Tough Guys Have Feelings Too by Keith Negley
- Theo's Mood by Maryann Cocca-Leffler
- The Quiet Book by Deborah Underwood
- Llama Llama Misses Mama by Anna Dewdney
- The Bear Feels Scared by Karma Wilson
- Sheep is Scared by Rosie Greening
- Alligator is Angry by Rosie Greening
- Hippo is Happy by Rosie Greening
- Squirrel is Sad by Rosie Greening
- When I am Angry by Michael Gordon
- When I Get Upset by Michael Gordon
- When I Am Worried by Michael Gordon

Books about sharing and taking turns

- The Bear Feels Sick by Karma Wilson
- The Bear Says Thanks by Karma Wilson
- Share and Take Turns by Cheri Meiners
- Bear Learns to Share by Rosie Greening
- Hamster Learns to Help by Rosie Greening
- Norris the Bear Who Shared by Catherine Rayner
- Llama Llama Learns to Share by Anna Dewdney
- Waiting is Not Easy by Mo Willems

Books about manners and helping

- Puppy Says Please by Rosie Greening
- The Little Blue Truck by Alice Schertle
- How Do Dinosaurs Eat Their Food by Jane Tolen
- How Do Dinosaurs Say Goodnight by Jane Tolen
- How Do Dinosaurs Play with Their Friends by Jane Tolen
- Penguin Says Please by Michael Dahl
- Bear Says Thank You by Michael Dahl
- Pete The Cat and His Magic Sunglasses by James Dean
- The Big Pumpkin by Erica Silverman